

Additional Resources

Project Bread Hotline

800-645-8333

TTY: 1-800-377-1292

Monday through Friday 8am to
7pm and Saturday 10am to
2pm

www.projectbread.org

Supplemental Nutrition Assistance Program
(SNAP)

Massachusetts EBT Card

877-382-2363

WHEAT Community Connections

has served residents of the Greater Clinton area since 1982 and in 2012 became a direct service program of the United Way of Tri-County. WHEAT continues to be a local organization supporting local residents through care, compassion and quality programs and services.

Sit down meals served:

Mon, Tues, Wed, Fri 4:45-6:00 with a take out option available

Thursday: Take out only

Homemade lunches for pick up Mon-Fri 12:30-1:30

Office hours: Mon-Fri 10 am to 1 pm (appt only after 1:00 pm)

Pantry: Mon, Tues, 10:00 to 1:00, Thursday 3:00 to 6:00

Closed Wednesday and Friday

Open 2nd Saturday of every month from 10:00 to 1:00

272 High Street Clinton MA 01510

508-370-4943

www.uwotc.org/WHEAT

Hudson Food Pantry

(serving Berlin, Boton, and Hudson)

28 Houghton Street Hudson, MA 01749

978-562-5280

Tues and Saturday 9-10:30

First Thursday of every month 7-8:30 pm

www.hudsoncommunityfoodpantry.org

Berlin Council on Aging

Hours of Operation:

Regular office hours (COA): Tuesdays 8:00am-4:30pm;
Thursdays 8:00am-4:30pm; Fridays 1pm-3:30pm or by
appointment General inquiries: coa@townofberlin.com

Victoria Flynn-Sankaran: coadirector@townofberlin.com

COA Van 978-838-2750

coa@townofberlin.com

48-72 hours advance notice for ride

Nashoba Neighbors

(978) 226-8844

info@nashobaneighbors.org

<https://nashoba.helpfulvillage.com/>

About Nashoba Neighbors

We are a nonprofit, volunteer-run organization that provides a safety net of services for members in Berlin, Bolton, and Lancaster, Massachusetts. Many of us experience social isolation, loss of independence, or changes in our physical abilities as we age. Helpful neighbors and communities become even more important to our ability to continue living at home. Although our towns already provide a variety of services, there are still unmet needs. Nashoba Neighbors coordinates and trains community volunteers to fill in those gaps and respond to members' interests and requests for support.

Our Mission

Nashoba Neighbors' mission is to help members keep dignity, control, and independence as they age at home, while also being part of a vibrant, supportive community. We provide caring, practical services and social opportunities to meet these needs.

Our Vision

Our vision is to create a network of support to help all people in our community age with dignity, purpose and self-determination. Our towns will recognize Nashoba Neighbors as an essential resource because we:

- Help older members of our community feel safe and supported at home
 - Engage and train volunteers in our community
 - Respond to changing needs and circumstances
- Maintain a well-run non-profit organization that serves the needs of our seniors

Aging Services of North Central Massachusetts

Aging Services of North Central Massachusetts provides comprehensive information and quality services so that older people, individuals with disabilities, and their families are empowered to make personalized choices to ensure a life of dignity, safety, and respect.

680 Mechanic Street, Suite 120

Leominster, MA 01453

(978) 537-7411

Toll Free: (800) 734-7312

Web: <https://www.agingservicesma.org/>

Areas served: Ashburnham, Ashby, Ayer, Berlin, Bolton, Clinton, Fitchburg, Gardner, Groton, Hubbardston, Lancaster, Leominster, Pepperell, Princeton, Shirley, Sterling, Templeton, Townsend, Westminster, Winchendon

Massachusetts Executive Office of Elder Affairs

Through the statewide elder network, the Executive Office of Elder Affairs ("Elder Affairs") provides services locally via Aging Services Access Points (ASAP), Councils on Aging (COA) and senior centers in communities across the Commonwealth. This network reaches out to elders in need of services that include home care and caregiver support, nutrition programs, protective services, health and wellness services, housing options, SHINE counseling (Serving the Health Information Needs of Elders), or counseling services for elders with limited English proficiency.

Website: <http://www.mass.gov/elders/>

Executive Office of Elder Affairs One Ashburton Place,
5th Floor Boston, MA 02108

617-727-7750 800-243-4636 (MA only) 800-439-2370 (TTY)

Fax: 617-727-9368 Office hours: 8:45 a.m to 5:00 p.m

Nashoba Nursing

Tamara Bedard, BSN, RN Public
Health

Nashoba Associated Board of Health

978-772-3335 ext 340